



Mola Designs

By Frederick W. Shaffer

Dover Publications. Paperback. Book Condition: New. Paperback. 48 pages. Dimensions: 10.7in. x 8.1in. x 0.3in. Mola is the Cuna Indian word for an intricate reverse-appliqué needlework technique unique to this unusual, isolated tribe inhabiting the San Blas islands off the Atlantic coast of Panama. Mola motifs and methods recall the body-painting practiced by the Cuna in past centuries; today Cuna women's blouses display the colorful patchwork designs rendered here in black and white from the original pieces. The 45 folk-style designs signify themes ancient and modern: pre-Christian crosses, mermaids, dancers, animals, birds, butterflies, fish and flowers, abstracts, and repeating mazes. The introduction includes photographs of the Cuna; captions identify the motifs and give Cuna names. Designers and needleworkers will find these royalty-free designs a source of inspiration, and colorists will enjoy adding their own sense of color and tone to the illustrations. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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